

Herb Monograph Latin Name: Xanthoxylum americanum

Common Name: Prickly Ash

Primary Action	circulatory tonic
Secondary Actions	alterative, sialagogue, warming diaphoretic
System Affinities	vascular
Conditions Treated	hemorrhoids, OA, varicose veins
Constituents	coumarins, isoquinoline alkaloids, tannins
Tincture Daily Dose	6 mL to 12 mL
Tea Daily Dose	3 g to 6 g
Parts Used	bark
Can Be Substituted With	N/A
Pairs Well With	Angelica archangelica for digestive warming

