PERFECT HERBS

**Herb Monograph Latin Name:** Trametes versicolor

**Common Name:** Turkey Tail

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|---|---|
| **Primary Action** | immunomodulator |
| **Secondary Actions** | adaptogen, antiviral |
| **System Affinities** | endocrine, immune |
| **Conditions Treated** | convalescence, performance, weakened immunity |
| **Constituents** | beta-glucans, PSK, PSP |
| **Tincture Daily Dose** | 8 mL to 15 mL |
| **Tea Daily Dose** | 6 g to 20 g |
| **Parts Used** | fruiting body |
| **Can Be Substituted With** | N/A |
| **Pairs Well With** | Lentinus edodes and Astragalus membranaceus for viral infections in conditions of weakened immunity |




Disclaimer: This information is provided for educational purposes only.