PERFECT HERBS

Herb Monograph Latin Name: Taraxacum officinalis radix - Roasted

Common Name: Roasted Dandelion Root

Primary Action	alterative
Secondary Actions	hepatic, laxative
System Affinities	gastrointestinal, hepatic
Conditions Treated	constipation
Constituents	di- and triterpenoids, sesquiterpene lactones, sterols
Tincture Daily Dose	8 mL to 16 mL
Tea Daily Dose	4 g to 8 g
Parts Used	roasted root
Can Be Substituted With	N/A
Pairs Well With	N/A



Disclaimer: This information is provided for educational purposes only.