PERFECT HERBS

Herb Monograph Latin Name: Taraxacum officinalis - Combo

Common Name: Dandelion Leaf & Root Combo, Pu Gong Ying

Primary Action	hepatic
Secondary Actions	diuretic
System Affinities	Hepatic, Kidney
Conditions Treated	urinary problems, inflammation, constipation
Constituents	flavonoids, terpenoids
Tincture Daily Dose	8 mL to 20 mL
Tea Daily Dose	5 g to 9 g
Parts Used	leaf & root
Can Be Substituted With	N/A
Pairs Well With	N/A



Disclaimer: This information is provided for educational purposes only.