PERFECT HERBS

Herb Monograph Latin Name: Stevia rebaudiana

Common Name: Stevia Leaf

Primary Action	hypoglycemic
Secondary Actions	hypotensive, anti-obesity, antioxidant, anti-inflammatory
System Affinities	endocrine, vascular system
Conditions Treated	diabetes, obesity, hypertension
Constituents	steviol glycosides
Tincture Daily Dose	5 mL to 15 mL
Tea Daily Dose	3 g to 9 g
Parts Used	leaf
Can Be Substituted With	N/A
Pairs Well With	N/A



Disclaimer: This information is provided for educational purposes only.