Herb Monograph Latin Name: Sida acuta

Common Name: Sida Leaf

Primary Action	antimicrobial
Secondary Actions	analgesic, antiviral, antiinflammatory
System Affinities	skin, immune system, mucous membranes
Conditions Treated	headaches, tuberculosis, ulcers, malaria
Constituents	alkaloids, berberis
Tincture Daily Dose	3 mL to 12 mL
Tea Daily Dose	3 g to 9 g
Parts Used	leaf
Can Be Substituted With	N/A
Pairs Well With	N/A



Disclaimer: This information is provided for educational purposes only.