Herb Monograph Latin Name: Scutellaria baicalensis

Common Name: Baikal Skullcap, Huang Qin

Primary Action	anti-inflammatory
Secondary Actions	alterative, hepatic
System Affinities	hepatic, MSK
Conditions Treated	allergies, arthritis, chronic inflammation
Constituents	flavonoids
Tincture Daily Dose	4 mL to 12 mL
Tea Daily Dose	3 g to 9 g
Parts Used	root
Can Be Substituted With	N/A
Pairs Well With	Bupleurum sinensis for cases of difficult inflammation, especially those involving the liver (also add Silybum marianum and Schisandra sinensis as hepatoprotectives)



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