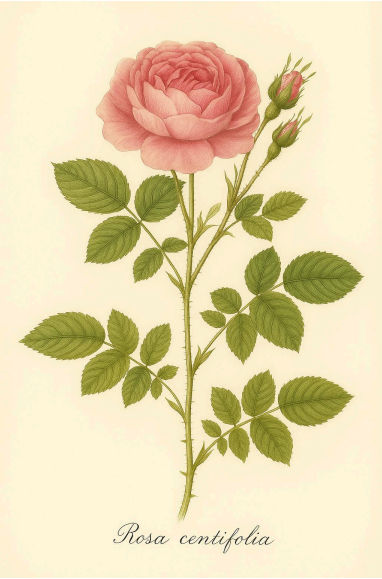
PERFECT HERBS

Herb Monograph Latin Name: Rosa centifolia

Common Name: Rose Petal

Primary Action	anti-inflammatory
Secondary Actions	antioxidant, vulnerary, antibacterial
System Affinities	immune system, joints and bone, respiratory system, skin
Conditions Treated	arthritis, cough, asthma, bronchitis, wounds, and ulcers
Constituents	flavonoids, triterpenes, tannins, phenolic acids, polysaccharides, fatty acids, organic acids, carotenoids and vitamin C
Tincture Daily Dose	5 mL to 15 mL
Tea Daily Dose	6 g to 12 g
Parts Used	flower
Can Be Substituted With	N/A
Pairs Well With	N/A



Disclaimer: This information is provided for educational purposes only.