PERFECT HERBS

Herb Monograph Latin Name: Platycodon grandiflorus

Common Name: Balloon Flower Root, Platycodon Root, Jie Geng

Primary Action	antitussive
Secondary Actions	expectorant, anti-inflammatory
System Affinities	respiratory system, lungs, immune system
Conditions Treated	asthma, bronchitis, upper respiratory tract infection
Constituents	flavonoids, phenolic acids, triterpenoid saponins, polyacetylene, and sterols
Tincture Daily Dose	4 mL to 12 mL
Tea Daily Dose	3 g to 9 g
Parts Used	root
Can Be Substituted With	N/A
Pairs Well With	N/A



Disclaimer: This information is provided for educational purposes only.