Herb Monograph Latin Name: Pinellia ternata

Common Name: Cow Dipper, Ban Xia

Primary Action	Digestive
Secondary Actions	mucolytic, antiemetic, antitussive, anti-inflammatory, sedative
System Affinities	gastrointestinal tract, mucousal membranes
Conditions Treated	vomit, cough, dyspnea,
Constituents	alkaloids, volatile oils
Tincture Daily Dose	3 mL to 9 mL
Tea Daily Dose	3 g to 9 g
Parts Used	tuber
Can Be Substituted With	N/A
Pairs Well With	N/A



Disclaimer: This information is provided for educational purposes only.