PERFECT HERBS

**Herb Monograph Latin Name:** Morus alba

**Common Name:** Mulberry Leaf, Sang Ye

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|---|---|
| **Primary Action** | antioxidant |
| **Secondary Actions** | hypoglycemic, antibacterial, anti-inflammatory, hepatoprotective, |
| **System Affinities** | endocrine, mucosal membranes, liver, joints |
| **Conditions Treated** | Diabetes, Liver disease, Bacterial infections, joint pain |
| **Constituents** | flavonoids and anthocyanins |
| **Tincture Daily Dose** | 5 mL to 15 mL |
| **Tea Daily Dose** | 3 g to 9 g |
| **Parts Used** | leaf |
| **Can Be Substituted With** | N/A |
| **Pairs Well With** | N/A |




Disclaimer: This information is provided for educational purposes only.