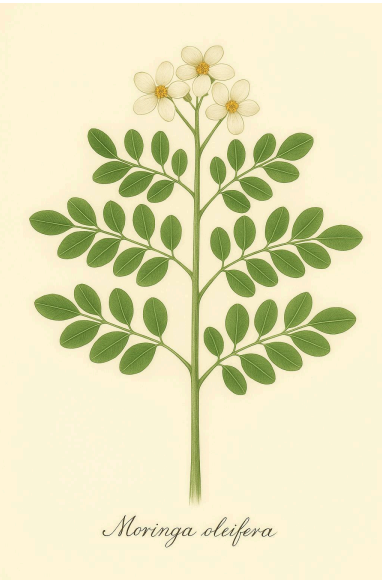
PERFECT HERBS

Herb Monograph Latin Name: Moringa oleifera

Common Name: Moringa

Primary Action	Adaptogen
Secondary Actions	anti-inflammatory, antimicrobial, cardioprotective, nervine
System Affinities	mucousal membranes, skin
Conditions Treated	wounds, skin lesions, ulcers, cardiovascular disease, liver disease, anxiety
Constituents	alkaloids, flavonoids, and steroids
Tincture Daily Dose	5 mL to 15 mL
Tea Daily Dose	6 g to 12 g
Parts Used	leaf
Can Be Substituted With	N/A
Pairs Well With	N/A



Disclaimer: This information is provided for educational purposes only.