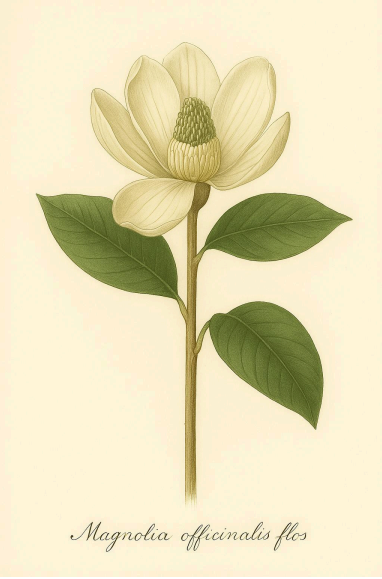
PERFECT HERBS

Herb Monograph Latin Name: Magnolia officinalis flos

Common Name: Magnolia Flower, Xin Yi Hua

Primary Action	decongestant
Secondary Actions	bronchodilator, anti-inflammatory
System Affinities	respiratory tract, Gastrointestional tract
Conditions Treated	asthma, influenza, sinusitis
Constituents	phenols, alkaloids, magnolol,
Tincture Daily Dose	5 mL to 15 mL
Tea Daily Dose	3 g to 9 g
Parts Used	flower
Can Be Substituted With	N/A
Pairs Well With	N/A



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