PERFECT HERBS

Herb Monograph Latin Name: Lophatherum gracile

Common Name: Lophatherum, Dan Zhu Ye

Primary Action	Anti-pyretic
Secondary Actions	smooth muscle/uterine stimulant, anti-inflammatory, mucylytic
System Affinities	smooth muscle, immune system
Conditions Treated	difficult labor, viral infections (RSV, HSV), urinary tract infection,
Constituents	flavone C-glycosides,
Tincture Daily Dose	5 mL to 15 mL
Tea Daily Dose	3 g to 9 g
Parts Used	stem & leaf
Can Be Substituted With	N/A
Pairs Well With	N/A



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