



Herb Monograph Latin Name: Lomatium dissectum

Common Name: Lomatium

Primary Action	antimicrobial
Secondary Actions	antiviral
System Affinities	immune
Conditions Treated	chronic and acute respiratory tract infections
Constituents	furanocoumarins, polysaccharides, saponins, vitamin C
Tincture Daily Dose	3 mL to 9 mL
Tea Daily Dose	3 g to 9 g
Parts Used	root
Can Be Substituted With	N/A
Pairs Well With	Echinacea for viral infections

