



**Herb Monograph Latin Name:** Lomatium dissectum

**Common Name:** Lomatium

<b>Primary Action</b>	antimicrobial
<b>Secondary Actions</b>	antiviral
<b>System Affinities</b>	immune
<b>Conditions Treated</b>	chronic and acute respiratory tract infections
<b>Constituents</b>	furanocoumarins, polysaccharides, saponins, vitamin C
<b>Tincture Daily Dose</b>	3 mL to 9 mL
<b>Tea Daily Dose</b>	3 g to 9 g
<b>Parts Used</b>	root
<b>Can Be Substituted With</b>	N/A
<b>Pairs Well With</b>	Echinacea for viral infections

