PERFECT HERBS

Herb Monograph Latin Name: Lippia graveolens

Common Name: Lippia graveolens

Primary Action	anti-viral
Secondary Actions	antioxidant, anti-inflammatory, anti-fungal, anti bacterial, anti microbial
System Affinities	Immune system
Conditions Treated	Bacterial and Viral infections, cancer
Constituents	monoterpenes, sesquiterpenes
Tincture Daily Dose	5 mL to 15 mL
Tea Daily Dose	2 g to 6 g
Parts Used	leaf
Can Be Substituted With	N/A
Pairs Well With	N/A



Disclaimer: This information is provided for educational purposes only.