PERFECT HERBS

Herb Monograph Latin Name: Juglans nigra

Common Name: Black Walnut Hull

Primary Action	antimicrobial
Secondary Actions	antifungal, antiparasitic, decongestant
System Affinities	gastrointestinal, immune
Conditions Treated	sinusitis, topical fungal infections
Constituents	juglone, napthaquinones
Tincture Daily Dose	6 mL to 12 mL
Tea Daily Dose	4 g to 12 g
Parts Used	hull
Can Be Substituted With	N/A
Pairs Well With	Tabebuia impetiginosa for fungal infections



Disclaimer: This information is provided for educational purposes only.