**Herb Monograph Latin Name:** Harpagophytum procumbens

**Common Name:** Devil's Claw

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|---|---|
| **Primary Action** | anti-inflammatory |
| **Secondary Actions** | antirheumatic |
| **System Affinities** | rheumatic |
| **Conditions Treated** | OA, RA |
| **Constituents** | iridoid glycosides |
| **Tincture Daily Dose** | 3 mL to 6 mL |
| **Tea Daily Dose** | 4 g to 12 g |
| **Parts Used** | root |
| **Can Be Substituted With** | Dioscorea villosa (wild yam) |
| **Pairs Well With** | Curcuma longa as a rheumatic anti-inflammatory |




Disclaimer: This information is provided for educational purposes only.