PERFECT HERBS

Herb Monograph Latin Name: Evodia rutaecarpa

Common Name: Evodia Fruit, Wu Zhu Yu

Primary Action	Digestive
Secondary Actions	Anti-emetic, analgesic
System Affinities	gastrointestinal, nervous
Conditions Treated	Headache, epigastric pain with nausea, dysmenorrhea, acid regurgitation, vomiting, diarrhea, mouth & tongue sores
Constituents	Volatile oil bitter limonoids, flavonoids, alkaloids, organic acids
Tincture Daily Dose	3 mL to 12 mL
Tea Daily Dose	1 g to 4 g
Parts Used	fruit
Can Be Substituted With	N/A
Pairs Well With	N/A



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