PERFECT HERBS

Herb Monograph Latin Name: Echinacea purpurea radix

Common Name: Purple Cone Flower Root

Primary Action	immune stimulant
Secondary Actions	antiviral
System Affinities	immune
Conditions Treated	recurrent infections, viral infections
Constituents	akylamides, caffeaic and chicoric acids, polysaccharides
Tincture Daily Dose	5 mL to 15 mL
Tea Daily Dose	3 g to 9 g
Parts Used	root
Can Be Substituted With	N/A
Pairs Well With	N/A



Disclaimer: This information is provided for educational purposes only.