PERFECT HERBS

Herb Monograph Latin Name: Commiphora myrrha

Common Name: Myrrh Resin, Mo Yao

Primary Action	antimicrobial
Secondary Actions	immune stimulant
System Affinities	immune
Conditions Treated	infections, oral infections
Constituents	sterols, volatile oils (in resins)
Tincture Daily Dose	2 mL to 6 mL
Tea Daily Dose	4 g to 6 g
Parts Used	resin
Can Be Substituted With	N/A
Pairs Well With	Salvia officinalis in anti-microbial mouth washes for any oral/oral-pharyngeal infections



Disclaimer: This information is provided for educational purposes only.