PERFECT HERBS

Herb Monograph Latin Name: Collinsonia canadensis

Common Name: Stone Root

Primary Action	diuretic
Secondary Actions	antilithic
System Affinities	renal
Conditions Treated	hemorrhoids, kidney stones
Constituents	saponins, volatile oils
Tincture Daily Dose	2 mL to 6 mL
Tea Daily Dose	6 g to 12 g
Parts Used	root
Can Be Substituted With	Eupatorium purpureum (gravel root)
Pairs Well With	Aesculus hippocastanum for hemorrhoids



Disclaimer: This information is provided for educational purposes only.