Herb Monograph Latin Name: Clitoria ternatea

Common Name: Butterfly Pea Flower

Primary Action	blue coloring
Secondary Actions	respiratory tonic
System Affinities	respiratory
Conditions Treated	lung congestion
Constituents	flavonoids, anthrocyanins
Tincture Daily Dose	5 mL to 15 mL
Tea Daily Dose	5 g to 15 g
Parts Used	flower
Can Be Substituted With	N/A
Pairs Well With	N/A



Disclaimer: This information is provided for educational purposes only.