PERFECT HERBS

**Herb Monograph Latin Name:** Capsella bursa-pastoris

**Common Name:** Shepard's Purse

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|---|---|
| **Primary Action** | styptic |
| **Secondary Actions** | astringent |
| **System Affinities** | uterine, vagastrointestinalnal |
| **Conditions Treated** | bleeding, vaginal bleeding |
| **Constituents** | flavonoids |
| **Tincture Daily Dose** | 3 mL to 6 mL |
| **Tea Daily Dose** | 6 g to 10 g |
| **Parts Used** | aerial parts |
| **Can Be Substituted With** | Achillea millefolium (yarrow) |
| **Pairs Well With** | Achillea millefolium, Symphytum officinalis, Camellia sinensis, and Calendula officinalis in sitz baths for perineal healing |




Disclaimer: This information is provided for educational purposes only.