Herb Monograph Latin Name: Angelica pubescens

Common Name: Angelica Pubescens, Du Huo

Primary Action	Anti-rheumatic
Secondary Actions	Analgesic, anti-inflammatory, anti-spasmodic
System Affinities	MSK
Conditions Treated	Rheumatic arthralgia, headache, lumbar and knee pain, tooth swelling and pain
Constituents	Coumarins, volatile oils
Tincture Daily Dose	5 mL to 15 mL
Tea Daily Dose	3 g to 9 g
Parts Used	root
Can Be Substituted With	N/A
Pairs Well With	N/A



Disclaimer: This information is provided for educational purposes only.