PERFECT HERBS

Herb Monograph Latin Name: Andrographis paniculata

Common Name: Andrographis

Primary Action	antimicrobial
Secondary Actions	bitter, carminative
System Affinities	digestive, GU, respiratory
Conditions Treated	digestive insufficiency, URTI, UTI
Constituents	diterpene lactones
Tincture Daily Dose	3 mL to 6 mL
Tea Daily Dose	5 g to 8 g
Parts Used	leaf
Can Be Substituted With	Barosma betulina (buchu)
Pairs Well With	Barosma betulina and Arctostaphylos uva-ursi in acute UTIs and Peumus boldo and Chelidonium majus in formulas for sluggish digestion with gall stones



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