PERFECT HERBS

Herb Monograph Latin Name: Agrimonia pilosa

Common Name: Immortal Crane Herb, Xian He Cao

Primary Action	astringent
Secondary Actions	anti-inflammatory, antioxidant, antitumor, anti-diabetic, anthelmintic
System Affinities	hemostatic, endocrine, immune
Conditions Treated	Bleeding disorders of the digestive system, sore throat, headaches
Constituents	flavonoids, triterpenes, tannins, organic acids, isocoumarins
Tincture Daily Dose	5 mL to 15 mL
Tea Daily Dose	6 g to 12 g
Parts Used	aerial parts
Can Be Substituted With	N/A
Pairs Well With	N/A



Disclaimer: This information is provided for educational purposes only.