PERFECT HERBS

Herb Monograph Latin Name: Aesculus hippocastanum

Common Name: Horse Chestnut

Primary Action	astringent
Secondary Actions	vascular tonic
System Affinities	vascular
Conditions Treated	hemorrhoids, varicose veins
Constituents	tannins
Tincture Daily Dose	3 mL to 12 mL
Tea Daily Dose	5 g to 6 g
Parts Used	nut
Can Be Substituted With	Salix alba (white willow)
Pairs Well With	Achillea millefolium for treating hemorrhoids



Disclaimer: This information is provided for educational purposes only.